

PT Timetable

ALL PT SESSIONS - 45 MINS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5.30 AM	5.30 AM	5.30 AM	5.30 AM	5.30 AM	7 AM
6 AM	6 AM	6 AM	6 AM	6 AM	7.30AM
6.30 AM	6.30 AM	6.30 AM	6.30 AM	6.30 AM	8.30 AM
7 AM	7 AM	7 AM	7 AM	7 AM	9 AM
7.30 AM	7.30 AM	7.30 AM	7.30 AM	7.30 AM	9.30 AM
9 AM	9 AM	9 AM	9 AM	9 AM	10 AM
9.30 AM	9.30 AM	9.30 AM	9.30 AM	9.30 AM	
10 AM	10 AM	10 AM	10 AM	10 AM	
12 PM	12 PM	12 PM	12 PM	12 PM	
4.45 PM	4.45 PM	4.45 PM	4.45 PM	4.45 PM	
5.15 PM	5.15 PM	5.15 PM	5.15 PM	5.15 PM	
5.45 PM	5.45 PM	5.45 PM	5.45 PM	5.45 PM	
6.15 PM	6.15 PM	6.15 PM	6.15 PM	6.15 PM	
6.45 PM	6.45 PM	6.45 PM	6.45 PM	6.45 PM	
7.15 PM	7.15 PM	7.15 PM	7.15 PM	7.15 PM	
7.45 PM	7.45 PM	7.45 PM	7.45 PM	7.45 PM	